

**FRESH PRODUCE GROWN
FOR OUR MEMBERS!**

**SEASON EXTENSION
LATE FALL SHARE
NOV. 3 – 17, 2011**

BEETS
BRUSSELS SPROUTS
CABBAGE
CARROTS
DRIED HERBS
GARLIC
KALE
LEEKS
LETTUCE
ONIONS
PARSLEY
PARSNIPS
POTATOES
RADISHES
SHALLOTS
SALAD GREENS
SOME DRIED FRUIT
SOUP BEANS
SPINACH
SWISS CHARD
WINTER SQUASH

Steve & Mishelle Radtke
C/o Abundant Harvest
PO Box 714
North Plains, OR 97133

Enjoy fresh, seasonal produce
by joining

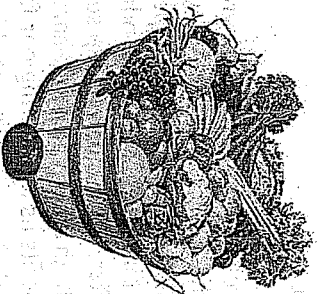
Abundant Harvest's
Season Extension
Late Fall Share – Hillsboro
Nov. 3 – 17, 2011

farming at

**Dos Sequoias Farm
& New Earth Farm**

in Hillsboro, Oregon

**** Historic Helvetia area
of Washington County ****



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www.abundantharvest.biz

Abundant Harvest's Late Fall Share - Hillsboro Nov. 3 - 17, 2011

farming at

Dos Sequoias Farm & New Earth Farm

We are a membership or CSA (Community Supported Agriculture) farming operation, providing a direct connection between the farmers and the people who enjoy eating fresh, seasonal produce grown at the farms.

You join our farm by purchasing a seasonal membership. The late fall share is from November 3 to 17, 2011. In return for your financial support in advance, we plant and nurture an assortment of vegetables and herbs. We harvest the produce at its peak of flavor and nutrition, and you pick it up soon afterward. Fresh and convenient!

As a member, you get to know who's growing your food and the methods we use. We grow your produce without synthetic herbicides, pesticides, or fertilizers so that you get all the goodness nature has to offer. Your membership supports locally grown, high quality, custom-harvested food, and it benefits us all. Joining our farming operation is ideal if you are interested in eating seasonally, preparing meals using fresh produce and supporting local farmers. We are growing a strong community in addition to growing healthy food!

PRODUCE PICK-UP - PETERSON FARM STORE

Each Thursday, for 3 additional weeks from Nov. 3 to 17, 2011, members pick up their produce anytime between 1:00 - 7:00 p.m. at Peterson Farm Store, 4800 NW Glencoe Rd. We are conveniently located a few minutes south of Highway 26 off Glencoe Rd exit 57. As members weigh, count, and bag their bounty, someone is always there to answer questions.

THE SMALL SHARE QUANTITY *

A small share is enough for a busy family of 1-2 people to make meals at home and enjoy an assortment of seasonal vegetables. The weekly shares consist of 5-12 different items, and weigh from 3-20 pounds, varying with the season.

Sample Small Share*:

- Late Fall Share*
- 1-2 heads lettuce
- 1 bunch kale or Swiss chard
- 1 cabbage
- 10 root vegetables (beets, carrots, parsnips, etc)
- 1 bag Brussels sprouts
- 2 onions, or 1-2 leeks, or 1 small bag shallots
- 1 head garlic
- 2-3 lbs potatoes
- 1-2 winter squash
- 8-12 oz flavorful soup beans
- 1 bunch dried herbs (will vary)
- 1 small bag dried fruit (apples, etc) (will vary)

* This sample small CSA share is a snapshot week during the late fall season. A large share is twice the amount. Each growing season has its unique challenges. On occasion a crop may fail due to conditions beyond our control. To diversify the risk, we grow a wide range of crops so that if some do not do so well, there will still be a variety of food to fill your basket each week. As members of the farm we all share the risks and rewards of the growing season.

MORE MEMBERSHIP BENEFITS

Weekly Newsletter - Recipes, farm news, announcements, and more.

THE FARMS

Dos Sequoias Farm is on five beautiful acres in the historic Helvetia area of Washington County, Oregon. Two majestic redwood trees tower over the farmhouse and they inspired the farm's name. Scott and Robin Olsen's ten acre property, New Earth Farm, is just several blocks away from Dos Sequoias Farm in this peaceful countryside. The farm owners provide field space for Steve and Mishelle Radtke, owners of Abundant Harvest, to grow the food that the members enjoy. The partnerships are founded on a shared vision of keeping Oregon's prime farmland in agricultural production and helping foster a local, sustainable agricultural system to feed our community with fresh, healthy, seasonal produce.

COME VISIT US!

Please call in advance to arrange a visit.

Abundant Harvest *farming at*

*Dos Sequoias Farm
& New Earth Farm*
10440 NW Jackson Quarry Rd
Hillsboro, OR 97124

Radtkes: 503.380.3739

Yes! I want to join
Abundant Harvest's
Late Fall Share – Hillsboro Pick Up

Name _____

Address _____

Phone _____

Email _____

This share is for only our family. Or...

We are splitting a large share with another family.
(If so, please complete an extra sign up form for them.)

SHARE OPTIONS & PRICES (choose one)

small CSA share \$75 (\$25 per week)

large CSA share \$150 (\$50 per week)

Thursdays, Nov. 3 to 17, 2011

SIGN ME UP! ENCLOSED IS (choose one)

the full amount: small \$75, or large \$150

\$50 deposit. I'll pay the rest by Sept 30th.

I understand that Abundant Harvest, LLC is a diversified farming operation and will sell produce to other outlets in addition to the CSA. I also understand that extra quantities of some items may be purchased during the season for an additional charge.

Signature _____ Date _____

Please make check payable to:
Abundant Harvest
and mail to:
Steve & Mishelle Radtke
C/o Abundant Harvest
PO Box 714, North Plains, OR 97133

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